

Get started today.



**ENROLLING IN MY CARE PLUS IS EASY.  
HERE'S HOW:**

- 1 Ask our staff about getting your exclusive invitation email.
- 2 Follow the instructions in your invitation email to activate your account.
- 3 Log in to view your secure Personal Health Record information.

**WANT MORE INFORMATION?**

To learn more about My Care Plus, call **1.855.887.6788** (toll free), or visit [www.MyCarePlusOnline.com](http://www.MyCarePlusOnline.com).

*Your personal and health information is protected and secure on My Care Plus, as directed by our privacy policy.*

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**My Care Plus:**  
A secure link to your health  
care information.



Stay informed about  
your health care.

We are pleased to offer you  
secure, convenient access to  
your health care information.



My Care Plus is a secure website designed especially for you to view your Personal Health Record (PHR) whenever you need to. Enrolling is easy and takes only a few minutes.



## My Care Plus allows you to:

### VIEW DETAILS ABOUT YOUR:

- Diagnosis and health concerns
- Lab results reviewed by your physician
- Medications and therapies
- Allergies

### ACCESS YOUR PERSONAL HEALTH RECORD (PHR):

- Print any of the pages you want to review
- Download and save a copy for your files
- Share your health information with family and caregivers

### REACH OUT FOR SITE SUPPORT AND OFFER FEEDBACK:

- Customer Support available M-F 10 AM – 6:30 PM EST
- Contact Us: 1.855.887.6788 (toll free) or via the online form
- View frequently asked questions
- Offer suggestions for future features and enhancements
- Take our survey and tell us about your My Care Plus experience